

COVID-19 - Framework for Decision Making

Scotland's route map through and out of the crisis

The GSC response to Scotland's Route Map Through and Out of the Covid-19 Crisis

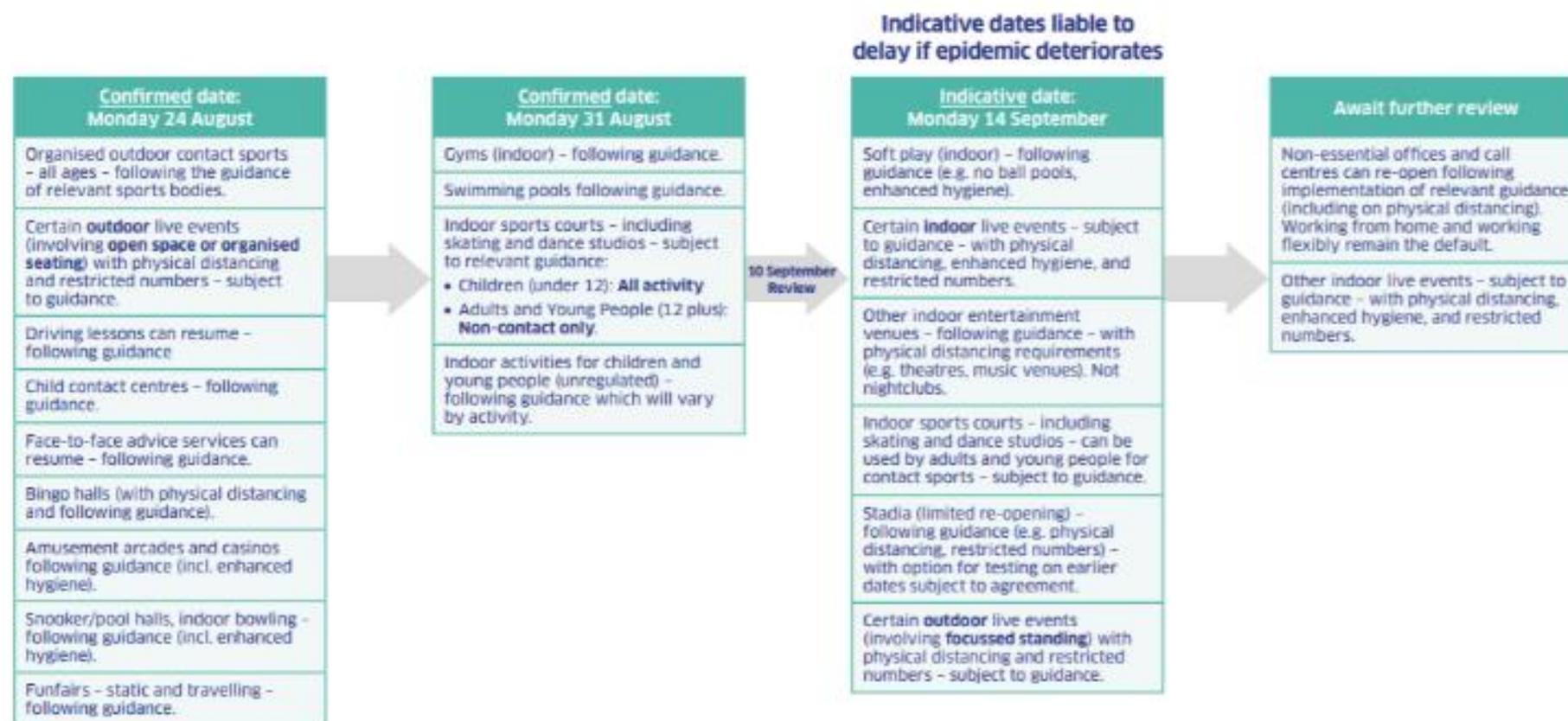
Indicative Dates for scaling up over the remainder of Phase 3

Updated: 20th August 2020

Six Criteria for Easing Restrictions (World Health Organisation)

1. Evidence shows that COVID-19 transmission is controlled.
2. Sufficient public health and health system capacities are in place to identify, isolate, test and treat all cases, and to trace and quarantine contacts.
3. Outbreak risks are minimized in high vulnerability settings, such as long-term care facilities (i.e. nursing homes, rehabilitative and mental health centres) and congregate settings.
4. Preventive measures are established in workplaces, with physical distancing, handwashing facilities and respiratory etiquette in place, and potentially thermal monitoring.
5. Manage the risk of exporting and importing cases from communities with high-risks of transmission.
6. Communities have a voice, are informed, engaged and participatory in the transition.

Guide to re-opening and scaling up over the remainder of Phase 3. Not all details are shown. Please refer to guidance and Q&A for more details. Relevant guidance and public health advice (such as physical distancing rules and enhanced hygiene measures) will apply to all changes shown below.



Public Services continue to scale up and re-open safely including NHS Mobilisation Plan

Lockdown Measures in Scotland Phase 3 (Closer to Normal)

Virus has been suppressed.

Continued focus on containing sporadic outbreaks.

R is consistently low and there is a further sustained decline in infectious cases. WHO six criteria for easing restrictions must continue to be met.

Any signs of resurgence are closely monitored as part of enhanced community surveillance.

Schools

Children return to school under a blended model of part-time in-school teaching and part-time in-home learning. Public health measures (including physical distancing) in place.

Subject to the progress of the scientific evidence, schools are expected to open on this basis on **11 August**.

All childcare providers reopen subject to public health measures, with available capacity prioritised to support key worker childcare, early learning and childcare (ELC) entitlement and children in need.

Universities and colleges phased return with blended model of remote learning and limited on campus learning where priority public health measures (including physical distancing) in place.

Travel

Can drive beyond local area for leisure and exercise purposes. Public transport operating full services but capacity still significantly limited to allow for physical distancing. Travel at peak times discouraged as far as possible. May be geographical differences depending on circumstances.

Seeing friends and family

Able to meet with people from more than one household indoors with physical distancing and hygiene measures

Sport, culture and leisure activities

Gyms open subject to physical distancing and hygiene measures.

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Live events permitted with restricted numbers and physical distancing restrictions. People can meet in extended groups subject to physical distancing. Places of worship open to extended groups subject to physical distancing and hygiene safeguards. Relaxation of restrictions to attendance at funerals, marriages and civil partnerships beyond “close family”

Larger retail stores re-open and hairdressers reopen with social distancing and hygiene measures in place

Public, health and social care services

Further resumption of face to face meetings and Hearings, home based and community based SW/care services and agency offices re opening

The Good Shepherd Centre's Response to Phase 3:

GSC remains open and offering 24/7 service for young people placed with us including continuing to offer care, and near full range of health and wellbeing support and education services

GSC will work with young people, their families, local authorities, the regulatory bodies and Public Health colleagues to ensure all face to face visits and meetings on campus are safely supported so that relatives and professional helpers can spend time with young people; with continuing physical distancing measures in place. It is anticipated that some contact will continue to take place remotely – by video link, phone, text and email.

Any staff members continuing to work from home will continue to provide a range of supports virtually for young people who require this

Effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection will continue

Deep cleaning will be completed as required

Ensure staff are equipped with appropriate PPE and advice and support

Updated contingency and response plans in place for young people and/or staff who become symptomatic including Test and Protect procedures in line with national guidance

Physical distancing measures will continue throughout the centre, in line with evolving guidance - from the management of the reception area, to the restrictions on how people move from one part of the campus to another, to continuing to life within the care houses and cottages such as shared spaces for examples Games Rooms, dining rooms, and Living Rooms

Further review in line with Phase 3 guidance of how GSC responds to referrals to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC and during visits out in the community and supporting transition plans

Nearly all young people's meetings including young people's planning meetings and reviews and Hearings, will be held physically at the centre or for valid reasons, via mixed media attendance e.g. some people physically at GSC and others joining via Video link and meetings involving travel taking place in young people's home communities, where this is in line with Public Health guidance, including home visits and transition visits

Family time/keeping in touch time with families and young people, and support from GSC to young people who are moving on/have moved forward from GSC resumed and best use of remote video link, phone and Text/email continuing

Young people encouraged and supported to spend time in the local area and community (where this is legally allowable and in line with their care plans) and supported to engage with local community activities and groups

School will do everything possible to resume a full school day; whilst maintaining smaller class sizes.

School staff will continue to ensure stringent infection control measures are in place.

Possibility of removing Cohort Teaching to allow pupils access to a fuller timetable.

Class sizes will remain reduced to 3 to ensure social/ physical distancing is adhered to

Physical distancing in classes will continue to require desks and computers to continue to be spaced out appropriately

Collegiate sessions will continue using remote resources / technology and making best use of larger spaces including CORA Hall and Gym Hall

Those who were enrolled in college or alternative provisions can now reengage through a blended model of learning involving remote access

Outdoor Learning opportunities will continue to be provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress. Where possible, outdoor activities can take place more frequently and in alternative locations at a further distance (off peak travel only) from the Centre.

There are further opportunities and possibilities for 2 classes/ houses to be in the same space, including indoor spaces, (Sports Pitch/ Games Hall) whilst observing physical distancing/ infection control measures.

GSC staff meetings and handovers will continue to be facilitated through mix of physical meetings and MS Teams/video link to ensure thorough information sharing whilst respecting physical distancing

All staff members will receive support from line managers through an appropriate forum relating to their professional context

Sports Pitch/ Games Hall and Outdoor spaces will be used for PE and Events as long as Physical Distancing/ infection control measures are stringently observed.

Live events will be planned; with restricted numbers and physical distancing restrictions meaning that events such as G in the Park can take place.

Twice weekly Covid 19 Resilience check in meetings with representation from all Departments will continue to ensure that GSC is proactive and actively preparing to respond as the situation develops (involved - Director, Head/Depute of Education, and Heads of Secure Care, Operations, Intensive Support and Throughcare, Practice and Professional Development, HR Manager/Officer, Centre Nurse and Finance Manager)

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Staff Gatherings will continue and will be further developed to provide a forum for collective review, evaluation and planning and preparation during Phase 3 and towards Phase 4, engaging all staff in the centre.

Outline of key dates

With effect from Monday 24 August

Outdoor contact sports (all ages) can resume following guidance of relevant sports bodies.

Outdoor seated live events and outdoor open space live events – with physical distancing, enhanced hygiene, and restricted numbers – following guidance.

Work will be undertaken with the sector on options for larger pilot events.

Driving lessons can resume – following guidance.

Child contact centres can re-open following guidance.

Face-to-face advice services, including Citizens Advice, can resume – following guidance.

Bingo halls can re-open with physical distancing and following guidance.

Amusement arcades and casinos can re-open following guidance (incl. enhanced hygiene).

Snooker/pool halls and indoor bowling can re-open – following guidance (incl. enhanced hygiene).

Funfairs – both static and travelling – can re-open, following guidance.

With effect from Monday 31 August

Gyms (indoor) can re-open – following guidance.

Swimming pools can re-open – following guidance.

Indoor sports courts can reopen – following guidance, incl. skating, dance studios: Children (0-12) years can resume all activity; adults and young people (12+) can resume non-contact activity only.

Indoor activities for children and young people (unregulated) can resume subject to guidance that will vary by activity. Indoor youth work can resume for young people in line with guidance.

Indicative dates liable to delay if epidemic deteriorates

With effect from Monday 14 September

Indoor soft play can re-open – following guidance (e.g. no ball pools, enhanced hygiene).

Certain indoor live events – with physical distancing, enhanced hygiene, and restricted numbers – following guidance. Work will be undertaken with the sector on options for pilot events.

Other indoor entertainment venues – following guidance with physical distancing requirements (e.g. theatres, live music venues). Not nightclubs.

Indoor sports courts– including skating and dance studios – can be used by adults and young people (12+) for contact sports – subject to guidance.

Stadia – limited re-opening – following guidance (e.g. physical distancing, restricted numbers) – with option for testing on earlier dates subject to agreement with government.

Outdoor focussed standing live events – with physical distancing, enhanced hygiene, and restricted numbers – following guidance. Work will be undertaken with the sector on options for larger pilot events.

The following have not yet been set a date and should await further review

Non-essential offices and call centres can re-open following implementation of relevant guidance (including on physical distancing). Working from home and working flexibly remain the default.

Remaining indoor live events– with physical distancing, enhanced hygiene, and restricted numbers – following guidance. Work will be undertaken with the sector on options for pilot events.

Scaling up of public services

During Phase 3, a range of public services will continue to safely re-open and expand.

Public transport is scaling up to full services during Phase 3 with a move to 1 metre physical distancing, subject to appropriate risk mitigations, releasing further capacity in vehicles and vessels.

Scaling-up health and social care across Phase 3

Services will continue to scale up in line with NHS remobilisation plans.

Measuring the impact of changes

The Equality and Fairer Scotland Impact Assessment (EQFSIA) covering the Route Map is published and will be updated as we progress through the remaining Phases. We will publish other relevant impact assessments in due course.

Lockdown Measures in Scotland Phase 4

Virus remains suppressed to very low levels and is no longer considered a significant threat to public health.

Schools

Schools and childcare provision, operating with any necessary precautions.

College and university campuses open – including key student services with any necessary precautions.

Sport, culture and leisure:

There would be a further relaxation of restrictions on live events in line with public health advice.

Gatherings and occasions:

Mass gatherings could resume in line with public health advice.

Public and Health and Social Care Services

Near normal services resumed, albeit with Public Health advised measures in place

The Good Shepherd Centre's School Response to Phase 4:

GSC remains open and offering 24/7 service for young people placed with us including continuing to offer care, and full range of health and wellbeing support and education services

GSC will work with young people, their families, local authorities, the regulatory bodies and Public Health colleagues to ensure all face to face visits and meetings on campus are safely supported so that relatives and professional helpers can spend time with young people; with continuing physical distancing measures in place.

Effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection will continue

Deep cleaning will be completed as required

Physical distancing measures will continue throughout the centre, in line with evolving guidance

Continuing use of appropriate PPE where necessary

Further review in line with Phase 3 guidance of how GSC responds to referrals to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC and during visits out in the community and supporting transition plans

Young people's meetings including young people's planning meetings and reviews and Hearings, will be held physically at the centre or for valid reasons, via mixed media attendance e.g. some people physically at GSC and others joining via Video link and meetings involving travel taking place in young people's home communities, where this is in line with Public Health guidance, including home visits and transition visits

Family time/keeping in touch time with families and young people, and support from GSC to young people who are moving on/have moved forward from GSC fully resumed and best use of remote video link, phone and Text/email continuing

Young people continue to be encouraged and supported to spend time in the local area and community (where this is legally allowable and in line with their care plans) and supported to engage with local community activities and groups

School will remain open to all pupils for a full school day.

Continued Importance of Infection Control Measures in line with Public Health Advice.

Class sizes may return to a maximum of 6, physical distancing however, may require to remain in place in line with Public Health Advice.

Desks and Computers may continue to be spaced out appropriately.

Full removal of Cohort Teaching may be possible to continue to allow pupils access to a fuller timetable.

Collegiate sessions may resume through a blended model of delivery in line with Physical Distancing advice.

College and University Campuses are now open including Key Student Services with necessary precautions.

Outdoor Learning opportunities will continue to be provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress. Where possible, outdoor activities can take place more frequently and in alternative locations regardless of time of day.

Staff members working from home will continue to provide a range of teaching/tutoring and supports virtually for young people who require this

All GSC staff meetings and handovers will be delivered through a blended model of delivery through MS Teams/video link and best use of CORS Hall, meeting spaces, indoor and outdoor spaces to ensure thorough information sharing and respect any physical distancing requirements still necessary

All staff members will continue to receive support from line managers through an appropriate forum relating to their professional context

Further relaxation on restrictions on gatherings using the Sports Pitch/ Games Hall and the continued importance of hygiene (and possible physical distancing) will mean that Full Centre Events can resume.

Staff Gatherings will continue but the focus will shift into wider information sharing and collective discussions and planning.

Face to face visits and group meetings (for example parents/carers evenings and visits from other agencies in relation to the School development plan etc) will fully resume.