



*The GSC response to Scotland's Route Map Through and Out of the Covid-19 Crisis*

*Phase 3*

## **Six Criteria for Easing Restrictions (World Health Organisation)**

1. Evidence shows that COVID-19 transmission is controlled.
2. Sufficient public health and health system capacities are in place to identify, isolate, test and treat all cases, and to trace and quarantine contacts.
3. Outbreak risks are minimized in high vulnerability settings, such as long-term care facilities (i.e. nursing homes, rehabilitative and mental health centres) and congregate settings.
4. Preventive measures are established in workplaces, with physical distancing, handwashing facilities and respiratory etiquette in place, and potentially thermal monitoring.
5. Manage the risk of exporting and importing cases from communities with high-risks of transmission.
6. Communities have a voice, are informed, engaged and participatory in the transition.

### **Lockdown Measures in Scotland Phase 3 (Closer to Normal)**

Virus has been suppressed.

Continued focus on containing sporadic outbreaks.

R is consistently low and there is a further sustained decline in infectious cases. WHO six criteria for easing restrictions must continue to be met.

Any signs of resurgence are closely monitored as part of enhanced community surveillance.

#### **Schools**

Children return to school full time (but with blended model of part-time in-school teaching and part-time in-home learning in place as contingency planning)

Subject to the progress of the scientific evidence, schools are expected to open on this basis on **11 August**.

Public health measures (including physical distancing) in place.

All childcare providers reopen subject to public health measures, with available capacity prioritised to support key worker childcare, early learning and childcare (ELC) entitlement and children in need.

Universities and colleges phased return with blended model of remote learning and limited on campus learning where priority public health measures (including physical distancing) in place.

#### **Travel**

Can drive beyond local area for leisure and exercise purposes. Public transport operating full services but capacity still significantly limited to allow for physical distancing.

Travel at peak times discouraged as far as possible. May be geographical differences depending on circumstances.

#### **Seeing friends and family**

Able to meet with people from more than one household indoors with physical distancing and hygiene measures, physical distancing relaxed for certain 'extended' family households (limit on number of households interacting)

### **Sport, culture and leisure activities**

Gyms open subject to physical distancing and hygiene measures

Live events permitted with restricted numbers and physical distancing restrictions. People can meet in extended groups subject to physical distancing. Places of worship open to extended groups subject to physical distancing and hygiene safeguards. Relaxation of restrictions to attendance at funerals, marriages and civil partnerships beyond "close family"

Larger retail stores re-open and hairdressers reopen with social distancing and hygiene measures in place

### **Public, health and social care services**

Further resumption of face to face meetings and Hearings, home based and community based SW/care services and agency offices re opening

### **Phase 3 Staged Dates**

Mandatory face coverings in shops and other retail – **10 July**

**Family and Visits: Outdoors** – a household can meet up to 4 other households at a time – up to 15 people in total – **10 July**

**Indoors:** a household can meet up to 2 other households at a time – up to 8 people in total. This includes overnight stays. A house can meet up to 4 other households per day in total – **10 July**

**Children and young people:** The limit on the number of other households you can meet per day (indoors or outdoors) does not apply to young people who are under 18. Children aged 11 or under no longer need to physically distance indoors. Young people aged 12-17 must continue to physically distance – **10 July**

**Extended Households:** All non-cohabiting partners (and any children under 18 in the household) can form extended households without physical distancing – **10 July**

People can meet in extended groups outdoors (**with** physical distancing) – **10 July**

All dental practices begin to see registered patients for non-aerosol routine care. Work will begin to return aerosol generating procedures to practice safely – **13 July**

Increasing capacity within community optometry practices for emergency and essential eye care – **13 July**

Non-essential shops inside shopping centres can re-open (following guidance and with physical distancing) – **13 July**

Organised outdoor contact sports, play & physical activity can resume for children & young people under 18 (subject to guidance) – **13 July**

Face-to-face youth work can resume outdoors (following relevant guidance) – **13 July**

All holiday accommodation permitted (following relevant guidance) – **15 July**

Indoor hospitality cafes, restaurants, bars etc (subject to physical distancing rules and public health advice) – **15 July**

Hairdressers and barbers can reopen – with enhanced hygiene measures – **15 July**

Museums, galleries, monuments, libraries, various other visitor attractions, cinemas (including drive-ins and venues screening films) – with physical distancing and other measures on place (e.g. ticketing in advance) – **15 July**

All childcare providers can open subject to individual provider arrangements – **15 July**

Places of worship can re-open for congregational services, communal prayer and contemplation with physical distancing and limited numbers – **15 July**

Easing of restrictions on attendance at funerals, marriage ceremonies and civil partnership registrations with physical distancing (limited numbers). Associated receptions are subject to restrictions on hospitality and household meetings – **15 July**

Universities and colleges – Phased return to on campus learning as part of a blended model with remote teaching – **22 July**

Other personal retail services such as beauticians and tailors can re-open – with enhanced hygiene measures – **22 July**

Motorcycle instruction and theory/hazard tests and Tractor driver instruction can resume – **22 July**

**Not before 31 July – And subject to further public health advice:**

Non-essential offices and call centres can re-open following implementation of relevant guidance (including physical distancing). Working from home and working flexibly remain the default.

Live events (outdoors) – with physical distancing and restricted numbers.

Note: this broad category is under review to determine which types of events are safe to resume slightly earlier.

Bingo halls (with physical distancing).

Driving lessons to resume.

Live events (indoors) – with physical distancing and restricted numbers.

Other indoor live-entertainment venues (e.g. theatres, music venues).

Indoor gyms – (with physical distancing and enhanced hygiene measures).

Resumption of non-professional adult outdoor contact sports.

Other personal retail services – with enhanced hygiene measures.

### **The Good Shepherd Centre's Response to Phase 3:**

GSC remains open and offering 24/7 service for young people placed with us including continuing to offer care, and nearer full range of health and wellbeing support and education services

GSC will work with young people, their families, local authorities, the regulatory bodies and Public Health colleagues to ensure all face to face visits and meetings on campus are safely supported so that relatives and professional helpers can spend time with young people; with continuing physical distancing measures in place. It is anticipated that some contact will continue to take place remotely – by video link, phone, text and email.

Indoor family and professional visits resume

Plans in place to support staff currently at home to return to work in line with national advice and any staff members continuing to work from home supported to provide supports virtually for young people who require this

Effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection will continue

Deep cleaning will be completed as required

Ensure staff are equipped with appropriate PPE and advice and support

Updated contingency and response plans in place for young people and/or staff who become symptomatic including Test and Protect procedures in line with national guidance

Physical distancing measures will continue throughout the centre, in line with evolving guidance - from the management of the reception area, to the restrictions on how people move from one part of the campus to another, to continuing to life within the care houses and cottages such as shared spaces for examples Games Rooms, dining rooms, and Living Rooms

## GSC response to Scotland's road map through and out of the crisis



Further review in line with Phase 3 guidance of how GSC responds to referrals to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC and during visits out in the community and supporting transition plans

Nearly all young people's meetings including young people's planning meetings and reviews and Hearings, will be held physically at the centre or for valid reasons, via mixed media attendance e.g. some people physically at GSC and others joining via Video link and meetings involving travel taking place in young people's home communities, where this is in line with Public Health guidance, including home visits and transition visits

Family time/keeping in touch time with families and young people, and support from GSC to young people who are moving on/have moved forward from GSC resumed and best use of remote video link, phone and Text/email continuing – outreach and family visits in the community will resume

Young people encouraged and supported to spend time in the local area and community (where this is legally allowable and in line with their care plans) and supported to engage with local community activities and groups

School will do everything possible to resume a full school day; whilst maintaining smaller class sizes

Outdoor group/team sports and games with groups from across class/care houses resume

School staff will continue to ensure stringent infection control measures are in place

Possibility of removing Cohort Teaching to allow pupils access to a fuller timetable

Class sizes will remain reduced to 3 to ensure social/ physical distancing is adhered to

Physical distancing in classes will continue to require desks and computers to continue to be spaced out appropriately

Collegiate sessions will continue using remote resources / technology and making best use of larger spaces including CORA Hall and Gym Hall

Those who were enrolled in college or alternative provisions can now reengage through a blended model of learning involving remote access

Outdoor Learning opportunities will continue to be provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress. Where possible, outdoor activities can take place more frequently and in alternative locations at a further distance (off peak travel only) from the Centre including expeditions

There are further opportunities and possibilities for 2 classes/ houses to be in the same space, including indoor spaces, (Sports Pitch/ Games Hall) whilst observing physical distancing/ infection control measures

GSC staff meetings and handovers will continue to be facilitated through mix of physical meetings and MS Teams/video link to ensure thorough information sharing whilst respecting physical distancing

All staff members will receive support from line managers through an appropriate forum relating to their professional context

Sports Pitch/ Games Hall and Outdoor spaces will be used for PE and Events as long as Physical Distancing/ infection control measures are stringently observed. Live events will be planned; with restricted numbers and physical distancing restrictions

Weekly Covid 19 Resilience and Route Mapping meetings with representation from all Departments will continue to ensure that GSC is proactive and actively preparing to respond as the situation develops (involved - Director, Head/Depute of Education, and Heads of Secure Care, Operations, Intensive Support and Throughcare, Practice and Professional Development, HR Manager/Officer, Centre Nurse and Finance Manager)

Staff Gatherings will continue now on a monthly basis and will be further developed to provide a forum for collective review, evaluation and planning and preparation during Phase 3 and towards Phase 4, engaging all staff in the centre.