

COVID-19 – Framework for Decision Making

# Scotland's route map through and out of the crisis

*The GSC response to Scotland's road map through and out of Covid-19 Lockdown*

### **Six Criteria for Easing Restrictions (World Health Organisation)**

1. Evidence shows that COVID-19 transmission is controlled.
2. Sufficient public health and health system capacities are in place to identify, isolate, test and treat all cases, and to trace and quarantine contacts.
3. Outbreak risks are minimized in high vulnerability settings, such as long-term care facilities (i.e. nursing homes, rehabilitative and mental health centres) and congregate settings.
4. Preventive measures are established in workplaces, with physical distancing, handwashing facilities and respiratory etiquette in place, and potentially thermal monitoring.
5. Manage the risk of exporting and importing cases from communities with high-risks of transmission.
6. Communities have a voice, are informed, engaged and participatory in the transition.

## **Lockdown Measures in Scotland**

High transmission of the virus.

Risk of overwhelming NHS capacity without significant restrictions in place.

Schools and childcare services closed.

Measures in place to support home learning and to provide outreach services to vulnerable children.

Critical childcare provision for key workers and vulnerable children provided through hubs, nurseries and childminding services.

Universities and colleges closed – remote learning and research.

No public gatherings or sports events

All indoor and outdoor recreation centres (sports centres, cinemas, theatres) closed

Bars, pubs, cafes and restaurants closed

All non-essential shops closed

Public services (except critical emergency services) curtailed or conducted remotely, e.g. limited remotely held Children's Hearings, Court Hearings, Child Protection services

Emergency legislation passed to ensure compliance with Public Health and UK/Scottish Government instruction that people do not leave their home unless for essential work (keyworkers who cannot work from home), medical needs, essential shopping, caring for vulnerable person, one form of exercise per day running, walking or cycling locally

No non-essential travel

**The Good Shepherd Centre's Response to full Lockdown Phase:**

GSC remained open offered 24/7 service for young people placed with us including continuing to offer care, health and wellbeing support and education services

Comprehensive policy and practice programme completed to ensure effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection

Ensured staff equipped with appropriate PPE and advice and support

Clear contingency and response plans in place for young people and/or staff who become symptomatic

Deep cleaning regime enhanced

Strict physical distancing measures adopted throughout the centre, from the management of the reception area, to imposing restrictions on how people move from one part of the campus to another, to changing the layout and numbers of young people and adults sharing living spaces such as Games Room, dining rooms, and Living Rooms in the care houses and cottages

Review of how GSC responds to referrals undertaken and changes made to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC

No external guests or visitors on campus unless essential for young people's wellbeing

All young people's meetings including young people's planning meetings and reviews and Hearings, held remotely

Family time/keeping in touch with families and young people who have moved forward from GSC happens remotely via video link, phone and Text/email

School remained open to all pupils

Class sizes reduced to 3 to ensure social/ physical distancing is adhered to

Those who were enrolled in college or alternative provisions have been welcomed back to school

Shorter school day allows staff members to ensure stringent infection control measures are in place

Outdoor Learning opportunities provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress

School is functioning through cohort Teaching which is timetabled to ensure groups remain appropriately distanced

Staff members working from home are providing a range of supports virtually for young people who require their support

Most staff meetings/senior staff meetings and handovers are facilitated through mixed medium with some people in the room and others MS Teams/video link to ensure thorough information sharing whilst respecting physical distancing

All staff members receiving Supervision to ensure their Wellbeing

Staff Gatherings (every second Thursday) provide regular COVID 19 updates for all staff in the centre including Education Team.

Twice weekly Covid 19 Resilience meetings with representation from all Departments to ensure that GSC is proactive and ready to respond and implement national guidance as the situation develops (involved - Director, Head/Depute of Education, and Heads of Secure Care, Operations, Intensive Support and Throughcare, Practice and Professional Development, HR Manager/Officer, Centre Nurse and Finance Manager)

Rigorous Infection Control Systems further stepped up and included a full programme of Deep Cleaning of all care houses/cottage/school/kitchens and shared meeting spaces and offices.

Decision made that On Call support is delivered by phone (with managers prepared to come into the centre if required) to reduce risks re Covid-19 and so On Call House is available for emergencies and contingency plans moving into Phase 1

### **Lockdown Measures in Scotland Phase 1**

High risk the virus is not yet contained.

Continued risk of overwhelming NHS

R is near or above 1 and there are a high number of infectious cases.

#### **Schools, childcare and other educational settings**

Staff can return to schools and for an increased number of children to access critical childcare provision including the re-opening of child-minding services and fully outdoor nursery provision. Support should be available to pupils at key transition points.

#### **Sport, culture and leisure activities**

Unrestricted outdoors exercise adhering to distancing measures and non-contact outdoor activities in the local area – such as golf, hiking, canoeing, outdoor swimming, angling, bowling – consistent with the wider rules and guidance applicable to any activity in this phase.

Gradual re-opening of drive through food outlets. Garden centres and plant nurseries can reopen with physical distancing. Associated cafes should not reopen at this stage except for takeaway.

#### **Travel**

You will also be permitted to travel short distances for outdoor leisure and exercise but advice to stay within a short distance of your local community and travel by walk, wheel and cycle where possible. Face coverings recommended for public transport and enclosed public spaces e.g. shops

#### **Gatherings and occasions**

In this phase we are expecting no public gatherings except for meetings of two households and then only outdoors and with physical distancing.

#### **Seeing Friends and Family**

More outdoor activity permitted – such as being able to sit in the park, as long as physically distanced.

Meeting up with another household outdoors, in small numbers, including in gardens, but with physical distancing required

### **Public and Health/Social Care Services**

Public Gradual resumption of key support services at the community level with physical distancing and hygiene measures. Restarting face-to-face Children's Hearings with physical distancing. Greater direct contact for social work and support services with at-risk groups and families with physical distancing and hygiene measures. Access to respite/day care to support unpaid carers and for families with a disabled family member. Household Waste Recycling Centres open. Re-opening of court and tribunal buildings, with limited business and public access.

Beginning to safely restart NHS services, covering primary, and community services including mental health. Phased resumption of some GP services supported by an increase in digital consultations.

### **The Good Shepherd Centre's School Response to Phase 1:**

GSC remains open and offering 24/7 service for young people placed with us including continuing to offer care, health and wellbeing support and education services

GSC will work with young people, their families, local authorities, the regulatory bodies and Public Health colleagues to ensure that we work in partnership to risk assess at what stage it may be safe for relatives, social workers and other professional helpers who would ordinarily be able to visit and spend time with young people; are able to do so with strict physical distancing measures in place. It is anticipated that the vast majority of contacts will continue to take place remotely – by video link, phone, text and email.

Ensure staff are equipped with appropriate PPE and advice and support

Updated contingency and response plans in place for young people and/or staff who become symptomatic including Test and Protect procedures in line with national guidance

Staff members working from home will continue to provide a range of supports virtually for young people who require this

Comprehensive policy update and implementation programme will continue to ensure effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection

Deep cleaning will be completed as required and use of machine/technology will be considered e.g. for reception/welcome into work

Strict physical distancing measures will continue throughout the centre, from the management of the reception area, to imposing restrictions on how people move from one part of the campus to another, to changing the layout and numbers of young people and adults sharing living spaces such as Games Room, dining rooms, and Living Rooms in the care houses and cottages

Further review in line with Phase 1 guidance of how GSC responds to referrals to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC

No external guests or visitors unless essential for young people's wellbeing

Most young people's meetings including young people's planning meetings and reviews and Hearings, continue to be held remotely, but it is anticipated that some children's hearing may be held physically at the centre or at a Hearing Centre or via mixed media attendance e.g. some people physically at GSC and others joining the Hearing via Video link



Family time/keeping in touch with families and young people who have moved forward from GSC will continue to take place remotely via video link, phone and Text/email but on a risk assessed basis, we will attempt to encourage and support face to face physically distanced meetings where we can, particularly considering the rights and of young people and young people's plans e.g. transition support

School will remain open to all pupils

Class sizes will remain reduced to 3 to ensure social/ physical distancing is adhered to

Physical distancing in classes will require desks and computers to be spaced out appropriately

Those who were enrolled in college or alternative provisions may be able to reengage through a blended model of learning involving remote access, although this is not officially in place until 11th August – GSC will ensure that young people have access to laptop/internet access/access to desk and quiet space for remote learning/webinar attendance etc.

Shorter school days will continue to allow staff members to ensure stringent infection control measures are in place

Outdoor Learning opportunities will continue to be provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress, making best use of the extensive grounds available. Where possible, outdoor activities may take place in alternative locations but these should be a short distance (less than 5 miles) from the Centre. Where possible, the location of these activities should be reached by cycling or walking.

There is a possibility of 2 classes/ houses to be in the same outdoor space whilst observing physical distancing/ Infection control measures, for example for Outdoor dance or yoga sessions

Collegiate sessions will resume using remote technology

The school is functioning through cohort Teaching which is timetabled to ensure groups remain appropriately distanced

Collective engagement with external professionals and families will continue to take place by phone, video link and email e.g. Parents/carers evenings/stakeholder engagement

Most staff meetings/senior staff meetings and handovers are facilitated through mixed medium with some people in the room and others MS Teams/video link to ensure thorough information sharing whilst respecting physical distancing

All staff members receiving Supervision to ensure their Wellbeing

Staff Gatherings every two weeks will continue to provide regular COVID-19 update and discussion for all staff in the centre.

## GSC response to Scotland's road map through and out of the crisis



Twice weekly Covid 19 Resilience check in meetings will continue with representation from all Departments to ensure that GSC is proactive and ready to respond and implement national guidance as the situation develops (involved - Director, Head/Depute of Education, and Heads of Secure Care, Operations, Intensive Support and Throughcare, Practice and Professional Development, HR Manager/Officer, Centre Nurse and Finance Manager)

## **Lockdown Measures in Scotland Phase 2**

Virus is controlled but risk of spreading remains.

Focus is on containing outbreaks.

R is below 1 for at least 3 weeks and the number of infectious cases is starting to decline.

Evidence of transmission being controlled also includes a sustained fall in supplementary measures including new infections, hospital admissions, ICU admissions, deaths of at least 3 weeks.

### **Schools, childcare and other educational settings:**

Same as phase 1

### **Sport, culture and leisure activities:**

Reopening of playgrounds and sports courts with physical distancing, and a resumption of professional sport in line with public health advice.

Previously closed small retail units can reopen with physical distancing. Outdoor markets with physical distancing, hygiene measures and controls on numbers of people within market. Pubs and restaurants can open outdoor spaces with physical distancing and increased hygiene routines.

### **Seeing family and friends**

Able to meet with larger groups including family and friends outside with physical distancing.

Meeting people from another household indoors with physical distancing and hygiene measures.

### **Public and Health and Social Care Services**

Building on Phase 1 further opening up NHS services including some elective procedures.

Continue to plan with COSLA and Scottish Care to support and, where needed, review of social care and care home services.

Phased resumption of some screening services. Expand range of GP services. Phased safe resumption of essential optometry/ ophthalmology services.

Phased resumption of visiting to (older people's) care homes by family members in a managed way where it is clinically safe to do so

### **The Good Shepherd Centre's School Response to Phase 2:**

GSC remains open and offering 24/7 service for young people placed with us including continuing to offer care, and fuller range of health and wellbeing support and education services

GSC will work with young people, their families, local authorities, the regulatory bodies and Public Health colleagues to plan towards some face to face visits and meetings on campus so that relatives and professional helpers can spend time with young people; with strict physical distancing measures in place. It is anticipated that some contact will continue to take place remotely – by video link, phone, text and email.

Staff members working from home will continue to provide a range of supports virtually for young people who require this

Effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection will continue

Deep cleaning will be completed as required Ensure staff are equipped with appropriate PPE and advice and support

Updated contingency and response plans in place for young people and/or staff who become symptomatic including Test and Protect procedures in line with national guidance

Strict physical distancing measures will continue throughout the centre, from the management of the reception area, to the restrictions on how people move from one part of the campus to another, to continuing to manage the numbers of young people and adults sharing living spaces such as Games Room, dining rooms, and Living Rooms in the care houses and cottages

Further review in line with Phase 2 guidance of how GSC responds to referrals to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC and during visits out in the community and supporting transition plans

Careful assessment and support and guidance will be offered to external guests and visitors to ensure everyone's safety and wellbeing

Most young people's meetings including young people's planning meetings and reviews and Hearings, will be held physically at the centre or via mixed media attendance e.g. some people physically at GSC and others joining via Video link and some meetings involving travel may be able to take place in young people's home communities, where this is in line with Public Health guidance

Family time/keeping in touch time with families and young people, and support from GSC to young people who are moving on/have moved forward from GSC will resume in person, but where this is not safe, best use of remote video link, phone and Text/email will continue

## GSC response to Scotland's road map through and out of the crisis



Young people will be encouraged and supported to spend time in the local area and community (where this is legally allowable and in line with their care plans) and where community based groups and activities are resuming, GSC will support young people to re-engage

School will remain open to all pupils

Class sizes will remain reduced to 3 to ensure social/ physical distancing is adhered to

Physical distancing in classes will continue to require desks and computers to be spaced out appropriately

Those who were enrolled in college or alternative provisions may be able to reengage through a blended model of learning involving remote access, although this is not officially in place until 11th August. GSC will continue to ensure that young people have access to laptop/internet access/access to desk and quiet space for remote learning/webinar attendance etc.

There are further opportunities and possibilities for 2 classes/ houses to be in the same space, including indoor spaces, (Sports Pitch/ Games Hall) whilst observing physical distancing/ infection control measures.

Collegiate sessions will continue using remote technology and use of CORA hall and Gym Hall and Sports Pitch where possible

The school will continue to function through cohort Teaching which is timetabled to ensure groups remain appropriately distanced

Summer School programme will be facilitated through a hybrid model including Wellbeing, Education and Care and the creative use of remotely led activities and challenges where possible

Shorter school days will continue to allow staff members to ensure stringent infection control measures are in place

Outdoor Learning opportunities continue to be provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress. Where possible, outdoor activities can take place in alternative locations albeit these should be a short distance (5 miles) from the Centre.

Staff members working from home will continue to provide a range of supports virtually for young people who require this and where Public Health advice allows, appropriate risk assessments will be undertaken with any returning staff who require additional measures in place

Most GSC staff and senior staff meetings and handovers will continue to be facilitated through a mix of MS Teams/remote connection and physical attendance to ensure thorough information sharing whilst enabling physical distancing

All staff members will continue to receive support from line managers through an appropriate forum relating to their professional context

## GSC response to Scotland's road map through and out of the crisis

Twice weekly Covid 19 Resilience check in meetings with representation from all Departments will continue to ensure that

GSC is proactive and ready to respond and implement national guidance as the situation develops (involved - Director, Head/Depute of Education, and Heads of Secure Care, Operations, Intensive Support and Throughcare, Practice and Professional Development, HR Manager/Officer, Centre Nurse and Finance Manager)

Staff Gatherings will continue and will be developed to provide a forum for collective planning and preparation during Phase 2 and towards Phase 3 for all staff in the centre.

### **Lockdown Measures in Scotland Phase 3 (Closer to Normal)**

Virus has been suppressed.

Continued focus on containing sporadic outbreaks.

R is consistently low and there is a further sustained decline in infectious cases. WHO six criteria for easing restrictions must continue to be met.

Any signs of resurgence are closely monitored as part of enhanced community surveillance.

#### **Schools**

Children return to school under a blended model of part-time in-school teaching and part-time in-home learning. Public health measures (including physical distancing) in place.

Subject to the progress of the scientific evidence, schools are expected to open on this basis on **11 August**.

All childcare providers reopen subject to public health measures, with available capacity prioritised to support key worker childcare, early learning and childcare (ELC) entitlement and children in need.

Universities and colleges phased return with blended model of remote learning and limited on campus learning where priority public health measures (including physical distancing) in place.

#### **Travel**

Can drive beyond local area for leisure and exercise purposes. Public transport operating full services but capacity still significantly limited to allow for physical distancing. Travel at peak times discouraged as far as possible. May be geographical differences depending on circumstances.

#### **Seeing friends and family**

Able to meet with people from more than one household indoors with physical distancing and hygiene measures

#### **Sport, culture and leisure activities**

Gyms open subject to physical distancing and hygiene measures.



## GSC response to Scotland's road map through and out of the crisis



Live events permitted with restricted numbers and physical distancing restrictions. People can meet in extended groups subject to physical distancing. Places of worship open to extended groups subject to physical distancing and hygiene safeguards. Relaxation of restrictions to attendance at funerals, marriages and civil partnerships beyond “close family”

Larger retail stores re-open and hairdressers reopen with social distancing and hygiene measures in place

### **Public, health and social care services**

Further resumption of face to face meetings and Hearings, home based and community based SW/care services and agency offices re opening

### **The Good Shepherd Centre's School Response to Phase 3:**

GSC remains open and offering 24/7 service for young people placed with us including continuing to offer care, and near full range of health and wellbeing support and education services

GSC will work with young people, their families, local authorities, the regulatory bodies and Public Health colleagues to ensure all face to face visits and meetings on campus are safely supported so that relatives and professional helpers can spend time with young people; with continuing physical distancing measures in place. It is anticipated that some contact will continue to take place remotely – by video link, phone, text and email.

Any staff members continuing to work from home will continue to provide a range of supports virtually for young people who require this

Effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection will continue

Deep cleaning will be completed as required

Ensure staff are equipped with appropriate PPE and advice and support

Updated contingency and response plans in place for young people and/or staff who become symptomatic including Test and Protect procedures in line with national guidance

Physical distancing measures will continue throughout the centre, in line with evolving guidance - from the management of the reception area, to the restrictions on how people move from one part of the campus to another, to continuing to life within the care houses and cottages such as shared spaces for examples Games Rooms, dining rooms, and Living Rooms

Further review in line with Phase 3 guidance of how GSC responds to referrals to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC and during visits out in the community and supporting transition plans

Nearly all young people's meetings including young people's planning meetings and reviews and Hearings, will be held physically at the centre or for valid reasons, via mixed media attendance e.g. some people physically at GSC and others joining via Video link and meetings involving travel taking place in young people's home communities, where this is in line with Public Health guidance, including home visits and transition visits

Family time/keeping in touch time with families and young people, and support from GSC to young people who are moving on/have moved forward from GSC resumed and best use of remote video link, phone and Text/email continuing

Young people encouraged and supported to spend time in the local area and community (where this is legally allowable and in line with their care plans) and supported to engage with local community activities and groups

School will do everything possible to resume a full school day; whilst maintaining smaller class sizes.

School staff will continue to ensure stringent infection control measures are in place.

Possibility of removing Cohort Teaching to allow pupils access to a fuller timetable.

Class sizes will remain reduced to 3 to ensure social/ physical distancing is adhered to

Physical distancing in classes will continue to require desks and computers to continue to be spaced out appropriately

Collegiate sessions will continue using remote resources / technology and making best use of larger spaces including CORA Hall and Gym Hall

Those who were enrolled in college or alternative provisions can now reengage through a blended model of learning involving remote access

Outdoor Learning opportunities will continue to be provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress. Where possible, outdoor activities can take place more frequently and in alternative locations at a further distance (off peak travel only) from the Centre.

There are further opportunities and possibilities for 2 classes/ houses to be in the same space, including indoor spaces, (Sports Pitch/ Games Hall) whilst observing physical distancing/ infection control measures.

GSC staff meetings and handovers will continue to be facilitated through mix of physical meetings and MS Teams/video link to ensure thorough information sharing whilst respecting physical distancing

All staff members will receive support from line managers through an appropriate forum relating to their professional context

Sports Pitch/ Games Hall and Outdoor spaces will be used for PE and Events as long as Physical Distancing/ infection control measures are stringently observed.

Live events will be planned; with restricted numbers and physical distancing restrictions meaning that events such as G in the Park can take place.

Twice weekly Covid 19 Resilience check in meetings with representation from all Departments will continue to ensure that GSC is proactive and actively preparing to respond as the situation develops (involved - Director, Head/Depute of Education, and Heads of Secure Care, Operations, Intensive Support and Throughcare, Practice and Professional Development, HR Manager/Officer, Centre Nurse and Finance Manager)

## GSC response to Scotland's road map through and out of the crisis



Staff Gatherings will continue and will be further developed to provide a forum for collective review, evaluation and planning and preparation during Phase 3 and towards Phase 4, engaging all staff in the centre.

### **Lockdown Measures in Scotland Phase 4**

Virus remains suppressed to very low levels and is no longer considered a significant threat to public health.

#### **Schools**

Schools and childcare provision, operating with any necessary precautions.

College and university campuses open – including key student services with any necessary precautions.

#### **Sport, culture and leisure:**

There would be a further relaxation of restrictions on live events in line with public health advice.

#### **Gatherings and occasions:**

Mass gatherings could resume in line with public health advice.

#### **Public and Health and Social Care Services**

Near normal services resumed, albeit with Public Health advised measures in place

### **The Good Shepherd Centre's School Response to Phase 4:**

GSC remains open and offering 24/7 service for young people placed with us including continuing to offer care, and full range of health and wellbeing support and education services

GSC will work with young people, their families, local authorities, the regulatory bodies and Public Health colleagues to ensure all face to face visits and meetings on campus are safely supported so that relatives and professional helpers can spend time with young people; with continuing physical distancing measures in place.

Effective hand hygiene, cough and sneeze (respiratory hygiene) and cleaning and surface cleansing and disinfection will continue

Deep cleaning will be completed as required

Physical distancing measures will continue throughout the centre, in line with evolving guidance

Continuing use of appropriate PPE where necessary

Further review in line with Phase 3 guidance of how GSC responds to referrals to ensure thorough risk assessment and support to young people when arriving and being welcomed and settling in to GSC and during visits out in the community and supporting transition plans

Young people's meetings including young people's planning meetings and reviews and Hearings, will be held physically at the centre or for valid reasons, via mixed media attendance e.g. some people physically at GSC and others joining via Video link and meetings involving travel taking place in young people's home communities, where this is in line with Public Health guidance, including home visits and transition visits

Family time/keeping in touch time with families and young people, and support from GSC to young people who are moving on/have moved forward from GSC fully resumed and best use of remote video link, phone and Text/email continuing

Young people continue to be encouraged and supported to spend time in the local area and community (where this is legally allowable and in line with their care plans) and supported to engage with local community activities and groups

School will remain open to all pupils for a full school day.

Continued Importance of Infection Control Measures in line with Public Health Advice.

Class sizes may return to a maximum of 6, physical distancing however, may require to remain in place in line with Public Health Advice.

Desks and Computers may continue to be spaced out appropriately.

Full removal of Cohort Teaching may be possible to continue to allow pupils access to a fuller timetable.

Collegiate sessions may resume through a blended model of delivery in line with Physical Distancing advice.

College and University Campuses are now open including Key Student Services with necessary precautions.

Outdoor Learning opportunities will continue to be provided on campus for all pupils, allowing Duke of Edinburgh/ John Muir Award progress. Where possible, outdoor activities can take place more frequently and in alternative locations regardless of time of day.

Staff members working from home will continue to provide a range of teaching/tutoring and supports virtually for young people who require this

All GSC staff meetings and handovers will be delivered through a blended model of delivery through MS Teams/video link and best use of CORS Hall, meeting spaces, indoor and outdoor spaces to ensure thorough information sharing and respect any physical distancing requirements still necessary

All staff members will continue to receive support from line managers through an appropriate forum relating to their professional context

Further relaxation on restrictions on gatherings using the Sports Pitch/ Games Hall and the continued importance of hygiene (and possible physical distancing) will mean that Full Centre Events can resume.

Staff Gatherings will continue but the focus will shift into wider information sharing and collective discussions and planning.

Face to face visits and group meetings (for example parents/carers evenings and visits from other agencies in relation to the School development plan etc) will fully resume.