

## Good Shepherd Centre: Looking Ahead

### About our presenters

#### Morning session:



**Alison Gough** - Before I joined the Good Shepherd Centre as Director in January 2019, I was with the Centre for Youth and Criminal Justice (CYCJ) as secure care national adviser. After qualifying in 1991, I worked in local authority social worker and senior roles before moving into the voluntary sector in 2004, where I was latterly Head of Service for a residential school care service. In 2012 I joined Children's Hearing Scotland (CHS) Executive Team and was involved with setting up the National Children's Panel. I am passionate about making a positive difference to the lives of children and young people and being informed by lived experience. I am currently a member of the Components of Care work group of the Independent Care Review.



**Stuart Mulholland** - Working as a Social Worker in Child Protection in the early 1990's created a lifelong interest in how to adapt services to reflect the impact of trauma. I created Welltree to assist in the development of specialised mainstream and secure care services in Scotland and the Republic of Ireland utilising a trauma informed model of care. Welltree has responded to the challenges of the childhood adversity (ACE) studies by ensuring that both secure and mainstream centres balance consideration of risk with an appraisal of the short, medium and long term effects on the child's wellbeing. I now work primarily as a consultant to the Children and Families Agency implementing the Welltree Model/Outcomes Framework across all of its residential centres in the Republic of Ireland.

**Ballydowd** - Ballydowd was opened in 2000 as the first special care unit in Ireland in order to provide a period of stabilisation for teenagers aged between 12-17 years old with a vast range of emotional and psychological complex needs. The young people are detained in Ballydowd under a high court order. The order will only be granted prior to admission when the judge is satisfied that the young person is at significant risk to themselves and/or others in the community and a less restrictive setting is deemed unsuitable. Detention in the special care setting must be for the shortest time possible and is separate to that of detention in the criminal justice system:



**Pol MagAoidh** - My background of working with young people commenced in the field of community youth work. For 14 years I worked within centre based and detached youth work, developing personal and social development programmes. This later developed into cohesion work which developed into cross community and cross border work between Catholic and Protestant communities, bringing the young people together in a safe environment where they could educate each other about their own culture and understanding in an unthreatening way. I started as a social care worker at Ballydowd and progressed to the head of Care/Deputy Director and have worked as Deputy Director for the past 11 years. Every day brings a new challenge. Young people moving back into the community or home is the reward for our efforts.



**Marie Caul** - I am a Deputy Social Care manager at Ballydowd. I joined the team in 2016 as a social care worker before stepping up initially as a social care leader and now into my current role. Prior to joining BSCU I had a range of experiences in working in open social care settings in the community. I knew I wanted to affect change in how we respond to the young person's needs through affording them more autonomy in every day choices that seem insignificant in open settings but are very restrictive in settings such as special care. I also lead out on the Investing Children's Award in October 2018 following a complete review of all restrictive practices in BSCU and have an implementation plan for renewal of the award currently in progress.

### Afternoon session:



**Anne McKechnie** - I'm a Consultant Forensic Clinical Psychologist and have provided a clinical service to the Good Shepherd Centre since 2011. Having qualified in 1986, I worked in services for children and adolescents, moving on to services for mentally disordered offenders and specialising in work with female offenders. For the latter part of my NHS career, I worked closely with community services for women, exploring links between early childhood adversity and offending. Since retiring from the NHS in 2018, I have worked with the Scottish Child Abuse Inquiry; the School of Forensic Mental Health; Hot Chocolate Trust and other organisations, offering a trauma training and consultation service.



**Shelley Buckley** - I have been a social worker and practice teacher for 24 years. My area of interest has been mental health and educational practice. I became a teaching fellow in 2014 and completed my MSc in Tertiary Education in 2016. Over the last 10 years I have worked within a range of educational settings including the University and College sector and Independent schools. I am currently a subject Implementation Manager for SQA Mental Health and Wellbeing award. I also work as consultant for mental health and wellbeing within the Good Shepherd Centre and Tutor for Glasgow Caledonian University.



**Suzanne Faulkner** - I am a Teaching Fellow in Prosthetics and Orthotics, within the department of Biomedical Engineering at the University of Strathclyde in Glasgow, and I'm also a facilitator trained in the LEGO® Serious Play® (LSP) methodology. I am passionate about enhancing the student experience by focusing on improving student engagement, utilising social media in learning and teaching and incorporating playful learning. I have been nominated and shortlisted for several teaching excellence awards and am currently undertaking an MSc in Advanced Academic Studies, evaluating the use of LSP to enhance participation of non-native speakers of English in group work activities. I was awarded a highly commended certificate for this project from the UK Counsel for International Student Affairs (UKCISA).